

**Live Your Legacy -
Legacy National Championships 2018
Updated 26-06-2018**

Hi Everyone,

We cannot express how super excited we are to be a part of history in the making by competing at the prestigious 02 !

As this is a first we have never competed at this venue before – there are a lot of extra rules.

The Itinerary is to give you a detailed plan of what will happen on the day.

Myself and Sienna will be busy on the day and so may not be available to answer any questions you have.

What we ask of you is to...

- read through the itinerary
- pre-prepare for the day
- print off or keep a copy on your phone for the day
- know where to meet and at what times and to be on time
- be a part of the Eclipse whatsapp group (to be set up prior to the event) and to help each other where possible on the day. Please double check the itinerary before distracting Coaches.
- to bring your smiles and positive attitudes that we are known for and enjoy competing with your friends
- Spectators wear team apparel / colours where possible and count / cap/ shout for the team when performing. Support your child and be positive always.

Competition Venue and travel

Address:

THE 02
Peninsula Square,
SE10 0DX

Transportation:

We are not travelling as a team for this event but if anyone would prefer to travel with someone else let me know and i will look into a travel group.

Driving:

- Parking is available on site

<https://www.theo2.co.uk/visit-us/parking>

I think is £25 per day

Tube:

- North Greenwich station is on the Jubilee Line in Zones 2 and 3.
- don't forget your Oyster.

Spectator Tickets

We have spectator tickets for:

Weekend pass- Emmy

Saturday pass - Kianna x 2, Plevinas x 2

Sunday pass - Keria x 3, Elsa x 1, Ellie x 2, Mia x 1, Ella x 2

These tickets will be handed out on Tuesday. They cannot be replaced so if you do not want tickets to be given to the children please come into the start or end of training to collect. Anyone we miss on tuesday can collect at the meeting time on the day of comp.

Please read the below post - you will need both the wristband and the paper ticket for entry and re entry.

If You Need a Spectator Ticket

You can still get one! You can purchase directly from the Live Your Legacy page on the Legacy website (limited time only). You can also purchase on the door directly from Legacy at the Ticket Collection Area. Cash only, please.

How Tickets & Wristbands Work: It is Different Than Other Events

Whether you've been to a Legacy event before or not, you'll want to know the ticketing at this venue is different than before, so please read this entirely and know it thoroughly. There are several methods in which ticket purchases can happen, and that impacts how you will collect your tickets. This event includes a physical ticket AND a wristband for spectators. The ticket gets you in, and the wristband allows you to go in and out of the tent itself. You'll need both, each time you go in, so do not throw your ticket away when you enter the first time. See below for the various methods and procedures.

As always, seating is Open/General Admission. That means seats are not assigned and they are come and go throughout the day, even if the ticket and/or a screenshot may display a row or seat number from a ticket company. Any seat or row reference is null and void, and you may sit in any of the spectator designated areas where there is an open seat.



NOT APPROVED! Wristbands appear to have been tampered with or can slide off hand.

- *Hold on to spectator tickets and wear wristbands correctly*
- *They must be re-purchased if they are lost or left at home. There will be no exceptions, so guard them like gold!*
- Under 5 wristbands and tickets are free and they are included in this pack if pre-ordered. Under 5 wristbands and tickets can also be collected on the door with the child present. Simply ask for an Under 5 band and ticket - staff will hand it to you at no charge.

02 Policies

BAG POLICY

Live Your Legacy 2018 - The O2, London

for Spectators

It's better for everyone if you do not bring a bag at all. The O2 will NOT allow large bags into the venue, but you are permitted to take small bags and handbags in with you. We class small bags as no larger than 35cm x 40cm x 19cm or standard handbags.

If you must bring a large bag with you, you can leave it at our bag storage facility in Car park 1, at a cost of £10 per bag. All bags will be searched and screened before being accepted into the bag storage facility.

You can read more about our security arrangements here <https://www.theo2.co.uk/visit-us/security> or <https://www.theo2.co.uk/legal/terms-and-conditions-legal#7>

BAG POLICY

Live Your Legacy 2018 - The O2, London

for Competitors & Coaches

We recognise that competitors are likely to bring a bag. Athlete bags are fine.

All bags will be subject to search as you enter The O2, please allow time to pass through security checks and only bring essential bags please

Your bag will be screened and we will fix a security tag to your bag, you will need a security tag on your bag as you enter the arena to verify the bag has been screened.

FOOD/DRINK POLICY

Live Your Legacy 2018 - The O2, London

Standard policy is that no food or drink is allowed into the arena, with the exception of food for babies, for specific medical needs or religious reasons.

However on this we will allow coaches and competitors/athletes (those that have the appropriate wristbands/credentials) to bring in reasonable amount of food as we appreciate that they will be competing.

If anyone is requiring any advice or to request food to be taken in they can contact our contact centre via customerservices@theo2.co.uk.

Food and drink

As you see spectators are not allowed to bring food and drink into the venue
(and small bags only)

Athletes and coaches are allowed a 'reasonable' amount. London Eclipse have
no idea what that is and so ask that you use your discretion.

There are food options available in and around the venue- see below map
You may want to see if you can pre-book by calling the restaurant as may
get busy.



Music

- 21 Building Six
- 33 indigo at The O₂
- 4 The O₂ arena

Do more at The O₂

- 18 Hollywood Bowl
- 25 Nissan Innovation Station
- 3 Sky Studios
- 19 Up at The O₂ Base Camp
- 20 Up at The O₂ North Camp

Film

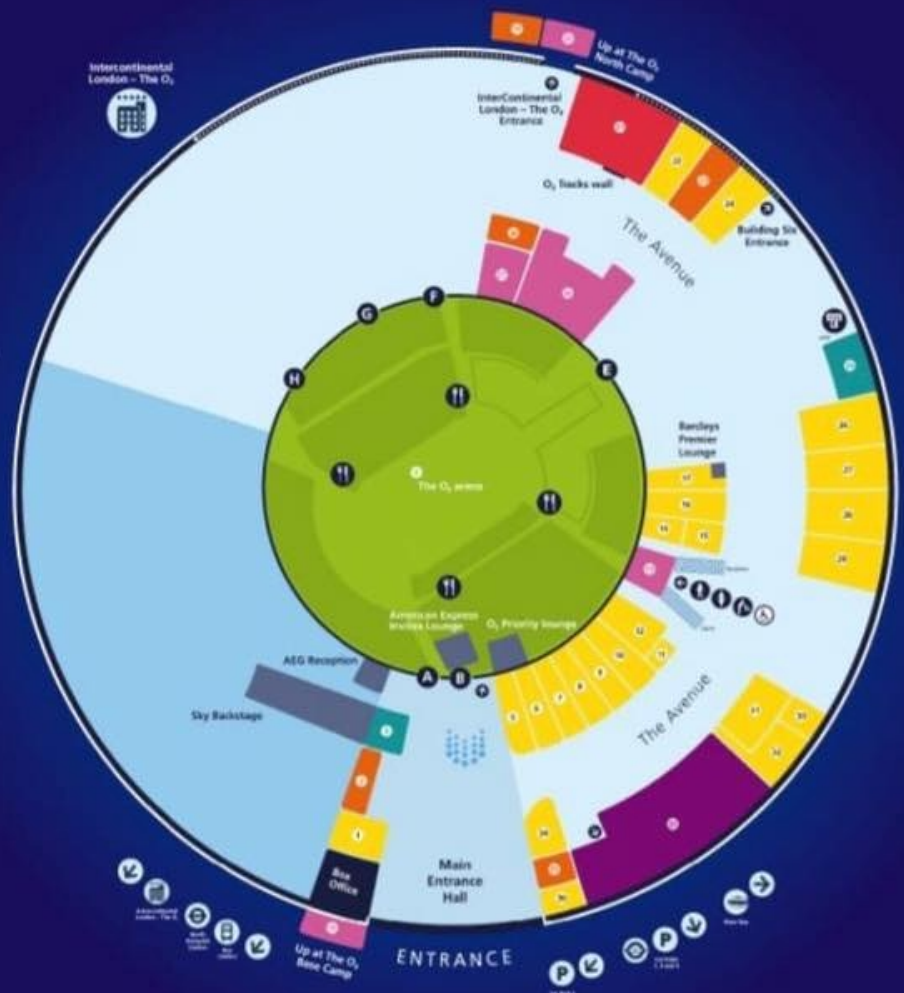
- 13 Cineworld

Shops

- 23 Brunel's News and Food
- 2 Merchandise
- 25 O₂ Shop
- 19 Up at The O₂ Shop
- 28 Loud Retail

Eat and drink

- 1 All Bar One
- 27 ASK Italian
- 6 Busaba Eathai
- 9 Byron Proper Hamburgers
- 5 Cabana Brazilian Barbecue
- 30 Five Guys
- 12 Frankie & Benny's
- 7 Garfunkel's
- 34 Gaucho
- 16 GBK
- 22 Harvester Salad & Grill
- 10 Hollywood Bowl
- 32 Jimmy's World Grill & Bar
- 26 Las Iguanas
- 20 Nando's
- 14 NY-LON
- 31 Pizza Express
- 10 Rodizio Rico
- 24 Square Pie
- 36 Starbucks
- 15 TGI Friday's
- 8 The Slug and Lettuce
- 11 Wasabi
- 17 Water Margin
- 29 Zizzi



Team lists

Crusade - Max, Ellie, Sarah, Sienna, Lee

Oracle - Mia, Claudia, Ella, Elsa

Spirit - Beatrice, Ellie, Keria, Yasmin, Allegra?

Chronicle - Alice, Plevinas, Kianna, Keira

Check lists

Pre comp list- Check uniform and pack in advance,
Clean your cheer trainers / ensure that you have plain white clean trainers,
Ensure Eclipse t shirt and uniform is clean washed
Make sure you have white trainer socks,
Round up socks / foam curlers
Friday night - Sock curl hair , sleep with it in and arrive at comp with curlers/
socks still in.
See the checklist for comp and be sure to have everything you need in advance

Checklist for comp

Please see the 02 bag policies - athletes please keep your packing as compact as possible. All bags are subject to security checks.
Competition crop top or mens Top
Black under uniform Leotard (Juniors)
Competition skirt (juniors only) Shorts (seniors) Black BB shorts (guys)
Nude undergarment or one with clear straps (please no bra straps showing)
White cheerleading trainers pref , or clean plain white trainers
White trainer socks (not visible when worn.)
Competition bow (we will provide on the day)
Eclipse current season t-shirt and any Eclipse apparel (represent !)
Clothes and shoes to travel in/ cover up clothes
Hairbrush
Foundation (if you have)
Hair Grips
Any other make up or hair items that you will need
Food (see 02 polices) / Money for food
Water - important !
Money for travel / Oyster card
Money for the cheer shop (optional)
On the day - arrive at the venue in uniform with t shirt covering and
Phone and access to the Legacy Whatsapp group
Please look after your valuables on the day - we cannot be held responsible for loss/ damage.

Itinerary

Saturday 30th June - Chronicle

8.30am - Meet at the 02 main entrance hall in uniform covered by Eclipse current season t shirt with hair in curlers/socks
8.45-10.00am find seating , hair and make up.
10-10.30am All cheerleaders to stay with the team.
10.30am photos and warm up with Sarah
11.38 **Chronicle** perform
Cheerleaders to stay and watch last in division.
11.50 Free time
1.35pm regroup at seating area
1.48pm Awards
2.49pm Session end

Sunday 1st July -Oracle , Spirit, Crusade

6.30am - **Oracle + Spirit** meet at the 02 main entrance hall in uniform covered by the current season Eclipse t shirt with hair in curlers/ socks
6.30-7.00 - prep outside
7.00am doors open , get seated, athletes must stay with the team, hair and make up
7.00-7.10am - **Spirit** photos + into warm up with Sienna
7.50am -**Oracle** photo's and into warm up with Sarah
8.12am **Spirit** perform Sienna to film and do music ?
8.47am **Oracle** perform Sienna to film and do music ?
8.50am all athletes to stay and watch remainder of the division
9.20am - free time around venue , get lunch
2.10pm **Oracle + Spirit** group at seating area
2.18pm - **Oracle + Spirit** Awards
3.20pm **Oracle + Spirit** Finished for the day (apart from Ellie)
6.30pm **Crusade** arrive at venue meet in main entrance hall
7.30-**Crusade** photos and warm up
8.13pm **Crusade** perform (then free time)
8.25pm - **Crusade** re group in seating
8.33pm - **Crusade** Awards
9.40pm -**Crusade** Session end

